



## NALS of Portland (Oregon) FUNDRAISING RAFFLE

### TO BENEFIT THE INSIGHTS TEEN PARENT PROGRAM



NALS of Portland (Oregon) will be raffling a beautiful quilt (approximately 90" wide by 106" long) at its Annual Holiday Social in December 2011. All proceeds will benefit the Insights Teen Parent Program, a program devoted exclusively to teenagers with children. **Ticket prices are \$5 each or 5 tickets for \$20.** You do not need to be present to win. **Please contact any NALS of Portland (Oregon) Board member to purchase tickets.**

### INSIGHTS TEEN PARENT SERVICES

Insights is one of the few nonprofit agencies in the country devoted exclusively to the needs of parenting adolescents and their children.

#### What We Do

In-home and community based services include:

- Parent education and support for young mothers and fathers
- Child developmental screenings
- Networking and peer support
- School advocacy
- Transitional housing and short term rental assistance
- Emergency assistance for food, diapers, clothing and personal supplies
- Domestic violence safety planning and harm reduction services
- Healthy relationship and sexuality education
- Family planning and birth control support and education
- Child welfare advocacy services